

# East Bay OEC

# 2024

Session	Date	Topic
<b>Before 1st Class</b>		
<b>Chapter 1:</b> Introduction to OEC <b>Chapter 2:</b> Emergency Care Systems <b>Chapter 3:</b> Rescue Basics <b>Chapter 6:</b> Human Anatomy and Physiology <b>Chapter 8:</b> Medical Communications and Documentation <b>This is the minimum- best to have read the whole book- Do not wait until the last minute</b>		
1	Wednesday September 18	<b>Chapter 9:</b> Airway Management <b>Demo/Explain:</b> Intro to OEC, Vital Signs, BSI, Assessment
2	Monday September 23	<b>Chapter 7:</b> Patient Assessment <b>Chapter 10:</b> Shock <b>Demo/Explain</b> ABCD/LOC/GCS/SAMPLE/Full Body Survey
3	Wednesday September 25	<b>Chapter 18:</b> Principles of Trauma <b>Chapter 19:</b> Soft Tissue Injuries <b>Chapter 22:</b> Face, Eye and Neck Injuries <b>Demo/Explain:</b> O2 Administration, Airway Management, Intro to Bandaging Extremities, Eye, Face, Neck Injuries
4	Saturday September 28	<b>Chapter 20:</b> Musculoskeletal Injuries <b>Practice:</b> Bandaging, Blood Pressure, Upper and lower Body Splinting, Ax, Scenarios
<b>No class Monday</b>		
5	Wednesday October 2	<b>Chapter 5:</b> Moving, Lifting & Transporting Px <b>Chapter 21:</b> Head and Spine Injuries
6	Sunday October 6	Backboarding/SMR <b>MUST HAVE CPR Certification Card</b> <b>Practice:</b> Backboard scenarios <b>Practice:</b> Boot Removal, Helmet Removal <b>Bring Helmets and Boots</b>

7	Monday October 7	<b>Chapter 23:</b> Thoracic Trauma <b>Explain/Demo:</b> Chest Injury Immobilization
8	Wednesday October 9	<b>Chapter 24:</b> Abdominal and Pelvic Trauma <b>Explain/Demo:</b> Hip/Pelvic Immobilization
9	Saturday October 12	<b>Practice:</b> Sager, Hip/Pelvic Immobilization, scenarios
10	Monday October 14	<b>Chapter 32:</b> Outdoor Adaptive Athletes <b>Chapter 11:</b> Altered Mental Status <b>Chapter 12:</b> Substance Abuse & Poisoning
11	Wednesday October 16	<b>Chapter 13:</b> Respiratory Emergencies <b>Chapter 14:</b> Allergies and Anaphylaxis <b>Chapter 15:</b> Cardiovascular Emergencies <b>Chapter 33:</b> Behavioral Emergencies
12	Monday October 21	<b>Chapter 16:</b> Gastrointestinal & Genitourinary Emergencies <b>Chapter 25:</b> Cold Related Emergencies <b>Chapter 26:</b> Heat Related Emergencies <b>Chapter 27:</b> Plant and Animal Emergencies <b>Chapter 28:</b> Altitude Related Emergencies <b>Chapter 29:</b> Water Related Emergencies
13	Wednesday October 23	<b>Chapter 30:</b> Pediatric Outdoor Emergencies <b>Chapter 17:</b> Obstetrics and Gynecological Emergencies <b>Chapter 31:</b> Geriatric Emergencies <b>Chapter 4:</b> Mass Casualty Incident Command and Triage <b>Chapter 34:</b> Special Operations
14 Written Final	Saturday October 26	<b>Final Written Exam (comprehensive)</b> No new material. Bring it all together. Opportunity to practice before Final
Final	Saturday November 2	<b>Final Practical Evaluation</b>